

St. Mary's Primary School is committed to the safety and welfare of all children, within a secure environment. All children have a right to be treated with respect and to be protected from abuse and harm. This school supports the Child Safe Standards (Ministerial Order 1359) and actively seeks to ensure that all students are kept safe from all forms of harm at all times.



St. Mary's School Newsletter

87 Southey Street, Inglewood 3517

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Term 4 - November 9th 2023 No.17

PRINCIPAL'S REPORT

Dear Parents, Families and Friends,

What a fantastic experience to be part of the returning Inglewood Alive Festival last Sunday. The town came to life, with local businesses, artists, and community groups playing a pivotal role in the festival's success. Their involvement added depth and diversity to the event, truly reflecting the town's unique character. St Mary's was proud to open the festival with a student performance of Acknowledgement of Country, followed by a dance routine to get everyone up and moving. I wish to thank all parents and friends of our school community who assisted in the preparation, sales and the packing up of our roast potato stand. The team did a great job; our potatoes were a favourite on the day, selling out before noon.



This Saturday, we prepare to observe a day of solemn reflection and gratitude—Remembrance Day. November 11th holds a special place in the hearts of Australians as we come together to honour the sacrifices made by our service personnel, both past and present. Remembrance Day is not only a time to pay our respects but also an opportunity to reflect on the broader lessons of history. It's a time to remember the courage, resilience, and unity that have defined our nation during times of conflict. It's a time to acknowledge and pray for the families who have endured the heartache of separation, the loss of loved ones, and the enduring impact of war. We also take this time to pray for our current service personnel and those who are presently impacted by conflict in their regions.

Keep an eye out for RSL members in Inglewood who will be selling poppies ahead of the November 11 commemoration. On Saturday, there will be a service at the Inglewood Cenotaph. If any members of the school community would like to attend, we will meet at the butchers at 10:50 a.m. Students are encouraged to wear their summer uniforms.

Louise Murray, who is currently on leave, will finish up her position at St Mary's at the end of the 2023 school year. Louise has taken on a full-time classroom position at St Patrick's Primary School in Pyramid Hill. We thank Louise for her passion, friendship and professionalism during her time in Inglewood and wish her all the best in her new role. With this news, we also welcome Carly Bannan back in 2024 to continue her specialist role. Carly has been a great asset to the school and immerses students in various Arts disciplines, including visual, music, dance, drama and instrumental.

Stephen O'Shannessy
Principal

CATHOLIC IDENTITY

Catholic Identity Review

The Catholic Education Sandhurst Ltd. will conduct a Catholic Identity Review at St Mary's next Monday 13th November. Similar to our NSIT review in Term 1, the Catholic Identity Review team will be conducted with a panel selected by CES. These members will visit classrooms and interview staff, students, parents and our parish priest. The findings of this review will help shape the last piece of the puzzle in our School Improvement Plan over the next four years.

MASS TIMES

St Peter's, Bridgewater
1st Sunday of the month, 8.00am

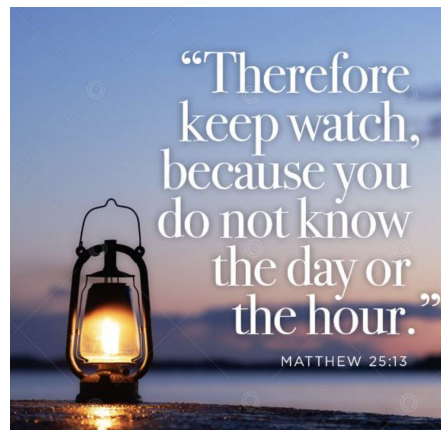
St Mary's, Inglewood
Each other Sunday of the month, 8.00am
Wednesdays, 9.15am



This Week's Gospel 12th November 2023

Matthew 25:1-13

In the upcoming Gospel, Matthew writes of Jesus' parable of the ten bridesmaids. Jesus wanted to describe what the kingdom of heaven was like. Similar to other parables relating to the kingdom of heaven, Jesus uses analogies in everyday contexts to relate to his audience. Here, some bridesmaids were preparing for a bridegroom, and as some brides-to-be were ready, others were not. The bridegroom represents the time of our death. When God calls us, Jesus reiterates that we must be prepared for when our time comes.

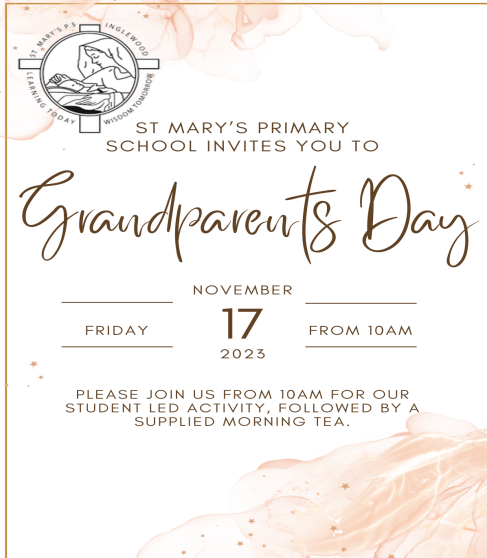


CALENDAR

TERM 4, 2023

| | |
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| Saturday 11th November | Remembrance Day 11:00 Cenotaph |
| Monday 13th November | Energy Breakthrough Session (Maiden Gully 4-6pm) *push bike session |
| Friday 17th November | Grandparents Day - All Welcome 10:00 a.m. |
| Monday 20th November | Energy Breakthrough Session (Maiden Gully 4-6pm) |
| Tuesday 21st November | School Feast Day - All welcome 10:00am |
| Tuesday 22nd November | Transition Day (New Foundation Students) |
| Wednesday 22nd - Friday 24th November | Energy Breakthrough at Maryborough Grades 4-6 |
| Monday 27th November | PUPIL FREE DAY (Multi-age Teaching and Learning) |
| Wednesday 29th November | St Mary's Transition Day (New Foundation Students) |
| Friday 1st December | Milo Cricket Grades 4 & 6 Caritas Grade 5 Leadership Day @ St Kilians |
| Tuesday 5th December | Marist 2024 Orientation Day Learning Conversations School Council End of Year Dinner - 6.30pm |
| Wednesday 6th December | Wedderburn College Transition Day St Mary's Transition Day (New Foundation students) |
| Thursday 14th December | End of Year Mass @ 6pm Graduation awards and dinner to follow |
| Friday 15th December | Grade 6 Big Day Out |
| Monday 18th December | STUDENTS LAST DAY |
| Tuesday 19th December | PUPIL FREE DAY - 2024 Staff Planning Day |
| Wed 20th December | PUPIL FREE DAY - Staff Last Day |

Grandparents Day



School Feast Day

Honora Nagle, better known to us as Nano Nagle, was born in Ballygriffin, Ireland, in 1718. As Irish Catholics, Nano and her siblings were not allowed to go to Catholic school and her family had to go to Mass in secret due to strict laws. As Nano grew up, she decided to set up a hidden network of schools for girls, providing people experiencing poverty with faith and hope for the future.

After school hours, Nano visited the poor people in their shacks. Because of the dark, narrow streets and lanes, Nano became known as the 'Lady of the Lantern' as she carried her lantern through the streets. In 1775, Nano established the Sisters of the Charitable Instruction of the Sacred Heart of Jesus, now known as the Presentation Sisters.

From 1866 onwards, Presentation Sisters began to answer the call from priests in Australia to come out and run their schools. In 1907, the first Presentation Sisters came to Inglewood under the guidance of Mother M. Ignatius. The Sisters taught at St. Mary's until 1974. Today, we use the lantern as a symbol of the light that Nano Nagle brought to the lives of those she helped.

On Tuesday the 21st of November, we celebrate the school's feast day and acknowledge the work of the Presentation Sisters. The feast day actually belongs to Mary who, as a child, was presented at the temple in Jerusalem by her parents.



Inglewood Alive Festival



Thank you to all our students, parents and volunteers who supported St Mary's on Sunday!

Energy Breakthrough 22nd-24th November

The Energy Breakthrough event provides many opportunities for students, educators, parents, and local industries to work together to design and construct a vehicle that represents an 'Energy Breakthrough'. Students then compete in a series of presentations and the big race! The event aims to provide an opportunity for females to participate in what has traditionally been 'male-dominated' areas of the curriculum. The EB program promotes leadership and encourages participants to examine and use the latest technology while considering its impact on the environment. 2023 will be our ninth year participating in the program. Through the very generous support of a wide variety of businesses and families, we are able to ensure that our students are able to gain the full benefit of their hard work and dedication. On behalf of St Mary's Inglewood, I sincerely thank you for your support and sponsorship this year.



STUDENT NEWS

Tennis

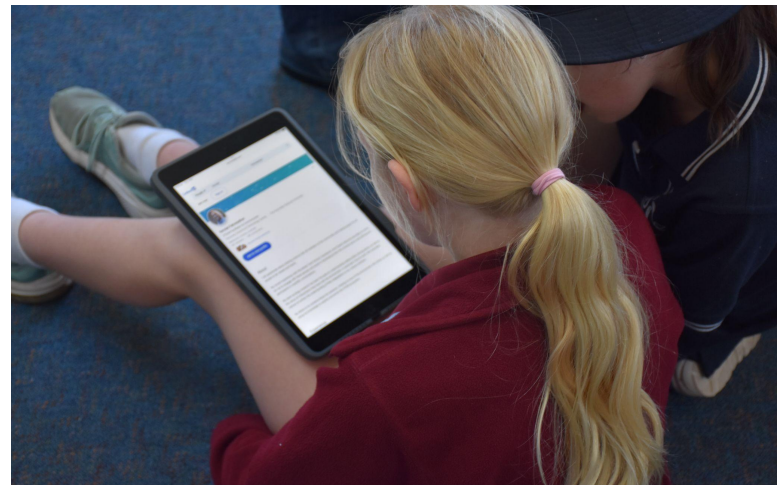
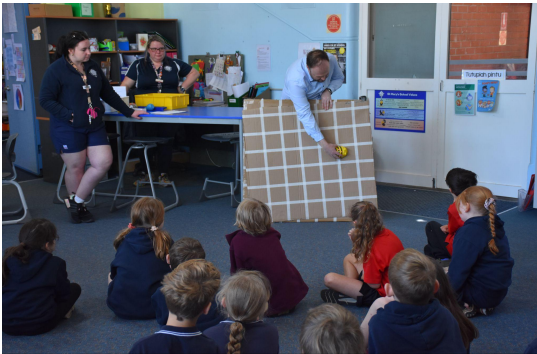
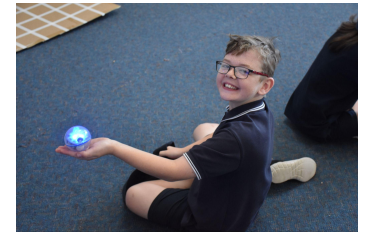
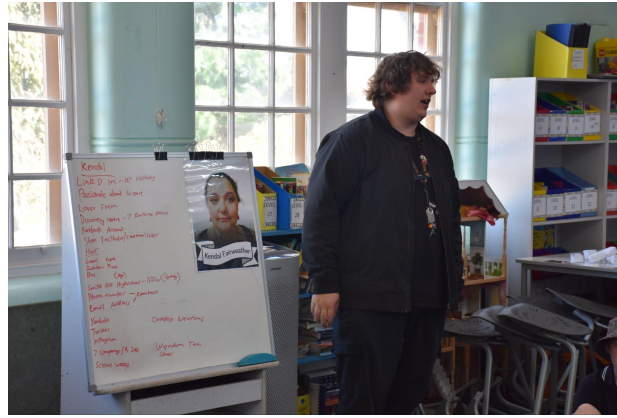
Students from St Mary's Primary School thoroughly enjoyed their first tennis session run by Aidan Fitzgerald from Giants Tennis last Friday. Pupils participated in a range of diverse games which looked at further developing their hand-eye coordination and tennis skills. We look forward to welcoming Aidan back this Friday before Steve Storer wraps up our program for the final three weeks.



Technologies Day

Students and staff from St Mary's, Inglewood Primary and Bridgewater schools joined together last Thursday to explore Robotics, Coding, Digital Citizenship, Augmented Reality and technology from the past. This is the third cluster day we have had and are extremely lucky to be able to come together with schools from our local community and have such wonderful experiences. We look forward to even more of these special days in the future.






P&F Meeting

November is shaping up to be a busy month, with the EBT training and race dominating for many, along with a couple of catering gigs. With this in mind, the next P&F meeting is scheduled for Monday 4th December, as an end of year 'thank you' and an informal planning session for 2024. Everyone is welcome to attend, so please mark the date in your calendar and we'll be in touch with more details.

Handel's great oratorio
MESSIAH



INGLEWOOD TOWN HALL
SUNDAY NOVEMBER 26TH AT 2PM
HEIDELBERG CHORAL SOCIETY
AND ORCHESTRA
CONDUCTED BY PETER BANDY
Sing along to the great choruses
Tickets \$40.
Contact Rachel Buckley 0427 275 006
or rachelbuckley@bigpond.com

St Mary's Parents and Friends partnered with our local Inglewood Town Hall to cater to their upcoming shows. The first concert is an exciting performance related to Handel's great oratorio Messiah. Please see the information below.

The Dunolly Gilbert & Sullivan Society is delighted to announce that we are partnering with the Community Bank Maldon & District to bring the Heidelberg Choral Society to perform Handel's Messiah in the Inglewood Town Hall on Sunday November 26th at 2pm.

Bring a score and singalong to the great choruses including the Hallelujah chorus.

Handel's great oratorio Messiah sung by the Heidelberg Choral Society was hosted by us in 2014 and 2017 to great acclaim and capacity houses. The HCS is available as part of their Centenary celebrations to make a rural tour. This performance with sixty singers and orchestra and professional soloists can come to us before their Melbourne season.

Hope to see you there in fine voice.

Bookings with Rachel
rachelbuckley@bigpond.com or Try
Booking. Tickets \$40. General seating.
<https://www.trybooking.com/CLLLN>

Online Bookings <https://www.trybooking.com/CLLLN>



or
<-- Scan this
QR code with your
mobile phone camera

Community Bank
Maldon & District





INGLEWOOD – ST MARY'S Community Playgroup




 **FRIDAY | Term 4, 2023**

 **10:00 AM**

 **St Mary's Convent
87 Southey Street, Inglewood**

Small, friendly and FREE playgroup, where everyone is welcome and invited to play.

CONTACTS FOR COMMUNITY PLAYGROUP

 0438 630 101 Email: ebonyalder@hotmail.com
principal@sminglewood.catholic.edu.au

SAFETY IN THE HOME

Factsheet

What are some of the common causes of house fires?

Most common causes of house fires are:

- Saucepan containing fat or oil boiling over onto the hot plate or burner
- Heat setting on the stove being too high, causing burning or fat spattering
- Leaving cooking on a stove unattended
- Children playing with matches
- Appliances such as: an iron, stove, oven or heater left on at night, or when the house is left unattended
- Furnishings, toys or clothes placed too close to heaters where they may accidentally catch fire
- Smoking in bed
- An open fireplace left burning without a screen guard
- Faulty electrical appliances
- Incorrectly installed flues on wood heaters or stoves
- Overloaded power points

Did you know? 75% of house fires start with something smouldering.

How do people die in house fires?

People die in house fires by being exposed to radiant heat of flames, super heated air, poisonous gases (carbon monoxide and carbon dioxide) and smoke inhalation, which stops people from breathing. These gases can also restrict their vision, alter their judgement and cause unconsciousness.

How can a smoke alarm protect me in a fire?

Smoke alarms warn people of house fires. A sharp beeping sound, triggered by the presence of smoke in the house provides an early fire warning. When you hear this sound you should leave your house quickly.

Since many house fires start during the night and smoke rises to the ceiling first, it is important to install smoke alarms on the ceiling or high on a wall in or near bedrooms, so the alarm awakens you during your sleep before the smoke and flames spread to your room.

What plans can I make to protect myself in a house fire?

It is extremely important that you develop a fire escape plan with your family to provide all family members with two safe ways out of the house in the case of a fire. To design a home escape plan you need to:

- Draw a floor plan of your home
- Plan 2 ways out of each bedroom, through the bedroom door or windows
- Make sure that windows can be easily opened
- Install smoke alarms near or in each bedroom
- If you sleep in an upstairs bedroom, it is wise to have an escape ladder kept under your bed. Make sure you know how to properly attach the ladder over the edge of the window to help you climb down safely.
- Try to provide a barrier from the smoke and flames
- Select a meeting place for all family members outside the home – the letter box, a specified tree, telephone pole or neighbour's house

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- Practise your escape plan
- Keep the phone number of your local fire brigade near your phone
- Keep a key in deadlocks while you are in the home

Don't forget: Dial 000 in an emergency to contact the Fire Brigade, Police and Ambulance.

In a house fire remember how to escape:

- Don't waste time getting dressed, leave in the clothes you are wearing
- Crawl low in smoke, the cleanest air is nearest the floor
- Feel your bedroom door with the back of your hand before opening it and leave if safe to do so, closing the door as you leave. If hot to touch or smoke is coming under the door, then make your way out through the window. If you sleep in an upstairs bedroom, it is wise to have an escape ladder kept under your bed. Make sure you know how to properly attach the ladder over the edge of the window to help you climb down safely.
- Make sure all family members are safe
- Once out, stay out – do not go back inside the house to get things, people or pets

Remember if your clothes catch fire, roll on the ground and smother the flames

STOP where you are, as running fans the flames.

DROP to the ground, as flames travel upwards towards the face and hair.

ROLL on the ground with hands covering the face. This protects you from flames and heat by smothering the flames and prevents gases from damaging your eyes and lungs.

Dear Parents/Carers,

As part of the *Thriving Kids and Parents School Project*, you are invited to attend three highly relevant Triple P – Positive Parenting seminars from one of the most effective evidence-based programs in the world, **FREE** of charge. These interactive seminars will be delivered to parents/carers of **children aged 4 – 12 years** from your school/via a video conferencing platform.

The three interconnected seminars will provide you with a toolkit of practical strategies to help your child thrive. These strategies will help you guide your child's behaviour, manage everyday worries, and build healthy peer relationships.

Attending all three seminars will provide you with the strategies you need to best support your child's development.

- The **Power of Positive Parenting (Triple P Seminar)** helps you to understand why kids behave the way they do and introduces practical strategies to *support your child's social and emotional development*.
- The **Helping Your Child to Manage Anxiety (Fear-Less Triple P Seminar)** is designed to equip you with the skills and strategies you need to support your child to *manage their emotions and overcome challenges*.
- The **Keeping your Child Safe from Bullying (Resilience Triple P Seminar)** helps you maintain good communication with your child, *develop positive peer relationships, and address conflict and bullying*.

How can I get involved?

1. Register for the seminar series and complete a short (approximately 15 – 20 minutes) online questionnaire.
2. Attend the **three online seminars** in the TKPSP series (90 – 120 minutes each seminar).
3. Complete post-seminar series questionnaires 6 weeks and 12 weeks following the registration. Each questionnaire will take around 15 minutes to complete and will help us understand how helpful the strategies have been.

Yes, I want to be involved. What's next?

Register through this link:

<https://able.adelaide.edu.au/education/thriving-kids-and-parents/for-parents#power-of-positive-parenting>

If you have any questions, you can contact the project team at: thrivingkidsandparents@uq.edu.au

