

St. Mary's Primary School is committed to the safety and welfare of all children, within a secure environment. All children have a right to be treated with respect and to be protected from abuse and harm. This school supports the Child Safe Standards (Ministerial Order 870) and actively seeks to ensure that all students are kept safe from all forms of harm at all times.



## St. Mary's School Newsletter

87 Southey Street, Inglewood 3517

Phone: 03-54383075

Email: [principal@sminglewood.catholic.edu.au](mailto:principal@sminglewood.catholic.edu.au)

Website: [www.sminglewood.catholic.edu.au](http://www.sminglewood.catholic.edu.au)

**Term 3 - September 16 2021 No.15**

### PRINCIPAL'S REPORT

Dear Parents, Families and Friends,

It is hard to believe that we've already reached the end of Term Three! It was fantastic to see the Prep - Grade 2 children return to face to face learning last Friday and I'm hopeful that restrictions will ease over the holidays so that we can welcome all children back to school next term. I'll keep families updated throughout the holidays if circumstances change.

The term has certainly been one of mixed emotions and many ups and downs for us all and I would like to thank the many parents who have given us such positive feedback as we work together through these times of lockdown and uncertainty. Well done to the children who have tried hard to remain engaged and worked hard to complete tasks and participate in remote learning. Thanks also to our teachers who continue, like many parents, to juggle home and school whilst doing the best for the children at St Mary's.

With the end of Term Three, our sights now turn to Term Four and further on towards 2022. We're currently in the process of looking at staffing, budgets and school priorities for the 2022 school year. Parents who have any requests or changes in family circumstances are asked to contact me. This is also a good time to remind friends and community members that we're still taking enrolments for the 2022 school year.

### CALENDAR

#### September

Fri 17th	LAST DAY OF TERM 3 Footy Colours Day 2.20pm finish
----------	--

#### October

Mon 4th	FIRST DAY OF TERM 4
Thurs 7th	P-2 Gym & Swimming starts
Sun 10th	Run for Resilience, Bridgewater <b>Postponed until May 2022</b>
Thurs 14th	P-2 Gym & Swimming
Mon 18th	School Council Meeting - 7pm
Thurs 21st	P-2 Gym & Swimming
Thurs 28th	P-2 Gym & Swimming

Maria Ford from Catholic Education Sandhurst recently sent Sandhurst Schools the following reflection regarding our need to refresh our minds, body and spirit over the holiday break. The reflection is relevant and timely to the whole St Mary's community:

*As we finish Term Three, we are tired and feeling stretched. God has used our lives to make a difference to our students, to our families and to our community. But God also needs us to rest, to take time out and nourish our weary souls. Jesus retreated to the desert, the seaside, and the mountains to refresh. How are you going to refresh your spirit during these holidays?*

I'm looking forward to seeing you all refreshed for the beginning of Term Four on Monday 4th October.

Go Western Bulldogs!!!

**Kim Carter**  
Principal

## CATHOLIC IDENTITY

### PARISH MASS TIMES:

Due to the lockdown in Victoria, Masses will not be available to attend onsite. The St Mary's community are welcome to join with the streaming schedule of St Liborius (see below).

You can view Masses live by clicking on the link below.

<https://www.youtube.com/watch?v=-XHmve7qXxM&feature=youtu.be>

### Mass Times:

Sunday 10:30am  
Monday 6pm  
Tuesday 6pm  
Wednesday 6pm

Thursday 6pm  
Friday 6pm  
Saturday 9:15am  
Saturday 6pm

### End of Term Prayer



We thank you Lord, for this term.  
For the challenges, the successes, and the mistakes from which we have learnt.  
Be with us as we spend our time with family and friends.  
Give us strength and courage to do what is right: to be witnesses of our faith.  
Help us to be a practical Christian these holidays, to appreciate what others do for us, to give time and effort to help others.  
To be peacemakers in our family.  
Keep us safe in our activities; give us good rest and good fun.  
Bring us back refreshed and ready for a new term.  
We thank you for our classmates, teachers, parents  
And a community that cares for us.  
May we always be conscious of you in our lives.  
Amen

# FOOTY COLOURS DAY - FRIDAY 17th SEPTEMBER



To celebrate the end of a very busy and successful term and the upcoming AFL Grand Final (Go the Doggies!), students are invited to wear their favourite team colours (can be any code - football, netball, soccer, etc.) to school (P-2 & onsite supervision) or their Remote Learning Google Meet (Gr3-6) on Friday 17th September.



### TERM THREE LEARNING JOURNALS:

The Term Three Learning Journals will be sent home tomorrow (Friday 17th September) for any students on site. Journals for students completing remote learning at home will be sent home when we return to face to face learning. There are two important differences to note regarding the Learning Journals this term. Firstly, assessment rubrics have been completed using the SIMON software and can be accessed through your PAM account. Secondly, due to the periods of remote learning this term, the journals will contain a mix of assessments completed whilst at school, online or during remote learning.

We hope students have gained some knowledge, built on their time management and further developed a deeper responsibility for their own learning and independence throughout this period of remote learning!

### FARMER DARRYL'S ANIMAL FARM - **RESCHEDULED TO SATURDAY 13th NOVEMBER:**

St Mary's Primary School and Inglewood Primary School have teamed up and have been successful in receiving a Community Activation Grant courtesy of the Loddon Council. We have booked Farmer Darryl's Mobile Animal Farm for the **Inglewood Lion's Country Market** for **Saturday 13th November**.



## PREP - GRADE 2 GYM & SWIMMING PROGRAM & BIG DAY OUT:

We're hopeful that COVID restrictions will ease over the holidays and that our Prep - Grade 2 Gym and Swimming program will be able to commence in the first week of Term 4. This year, we will be swimming at the Peter Krenz Leisure Centre in Eaglehawk and going to Palmer's Gym in Bendigo. Gym will be in the morning and then swimming in the afternoon. Students will need to pack their swimming gear and get changed in the afternoon. Please keep an eye out for the activity permission form on PAM and the swimming note coming home. Swimming dates:

- Thursday 7th October (Gym & Swimming)
- Thursday 14th October (Gym & Swimming)
- Thursday 21st October (Gym & Swimming)
- Thursday 28th October (Gym & Swimming)
- Thursday 4th November (Gym & Swimming)
- Thursday 11th November (Big Day Out & Swimming)

## CONVENT RENOVATIONS UPDATE:

Our Convent Renovations have begun. So far the electrician has done the rough-in for the rewiring of the entire building and demolition works have begun throughout some of the spaces, e.g. removing the old bathroom and ripping up flooring in the new art room ready for replacement.

A reminder that members of the school community and public are not allowed to enter the worksite.





### Explaining Absences

Report your child's absence before school commences

Provide a reason for your child's absence

Notify the school of any upcoming absence



### CHILDREN'S CHATTER MATTERS

In order to prepare for the language & learning demands of the school environment, children need ample time and opportunity to engage in meaningful interactions with their family.



### Receptive Language (Language Comprehension)

Receptive language, or "what goes in", is the ability to understand what people are saying. This includes individual words as well as the sentence type/ structure. Receptive language skills underpin all areas of the school curriculum including literacy, numeracy and social and personal capabilities.

#### 1. 50:50 Talking Time

Try to get 50:50 talking time between parents/ guardians and children. This can be very difficult to achieve in the reality of a busy household. A great way to help reach this goal is to ask open- ended or complex questions. Ask your child questions beginning with 'Why...', and 'How...'. The child must then use more words to answer. Another tip is that if your child asks you a question (as they do hundreds of times per day!), pose that question back to them e.g. That's a good question. What do you think?



**HAPPY  
BIRTHDAY**

**September**

24th ~ Ethan McEwan

30th ~ Emily Birthisel

**October**

13th ~ Braxton Barns



## COMMUNITY NEWS

### Run for Resilience:

With the uncertainty around events in Victoria, and in the interest of public health, the decision has been made to postpone the Bridgewater 'Run for Resilience. The event will now be held on Sunday 15th May 2022.



**ACTIVE FARMERS**  
Powered by   200 years

# RUN FOR RESILIENCE @ BRIDGEWATER

**Run it. Walk it. Push it. Watch it.**

**21km 8.00am**  
Inglewood to Bridgewater via the Bullabul Trail

**10km 9.00am**  
Loddon Riverside Trails, Bridgewater

**5km 9.30am**  
Loddon Riverside Trails, Bridgewater

**SUNDAY 15 MAY 2022**

**ENTER ONLINE TODAY**

**FREE Kids sports activities by** 

For more information and to enter:  
[www.activefarmers.com.au](http://www.activefarmers.com.au) or 0458 373 397

Proudly supported by

**Loddon HERALD**  
Free every Thursday





# Building Resilience in Kids

Resilience is the ability to cope with the ups and downs of life. Learn how you can help kids develop skills, habits, and attitudes for building resilience.

Resilience is not just about managing current stressors, but also developing skills for dealing with challenges throughout life and enhancing mental health.

- Building good relationships
- Independence
- Confidence to face challenges.
- Managing Emotions.

✓ Resilience

✓ Independence

✓ Managing Emotions

## Workshop dates & locations:

**Location Name** – Bridgewater Primary School,  
34 Eldon Street, Bridgewater on Loddon.

**Dates:** Monday 11<sup>th</sup> October 2021 @  
9:30AM – 11:30AM  
Arrival and Registration – 9:15AM

Please note this is a single session workshop only.

There is no cost for this workshop.

*Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged.*

## RSVP:

Alison Gillett | Bridgewater Primary School  
M 0488 357 117 | E [Alison.Gillett@education.vic.gov.au](mailto:Alison.Gillett@education.vic.gov.au)

*Please remember your mask. We ask that all participants follow social distancing and face mask regulations.*



Building Resilience in Kids  
176 – 178 McCrae Street, Bendigo VIC 3550  
T (03) 5438 1300

[www.ccds.org.au](http://www.ccds.org.au)



# What's On across the Region.

Welcome to our What's On newsletter for Term 4, 2021. Below we have the following parent groups and workshops available.

## Bendigo Face to Face Term 4

### ***Kids and Worry***

**When:** Thursday 7th October  
**Time:** 6.30pm - 9.00pm  
**Cost:** Free  
**Where:** Marist College **Bendigo**, Community Centre  
 95 Golf Links Roads, Maiden Gully  
**Contact:** Sandra O'Connor on 5400 1252  
 soconnor@marist.vic.edu.au

### ***Its about the Kids (Post-separation parenting)***

**When:** Thursdays, 14th Oct- 11th Nov (5 weeks)  
**Time:** 12.00pm - 2.30pm  
**Cost:** \$60 (\$30 concession)  
**Where:** 176-178 McCrae St, **Bendigo**  
**Contact:** Reception on 5438 1300

## Regional Face to Face Term 4

### ***Self-Care for Parents and Carers***

**When:** Monday 18th October  
**Time:** 10.00am - 12.00pm  
**Cost:** Free  
**Where:** Cohuna Community Meeting Room,  
 (Ganawarra Shire Council)  
 25 King Street, **Cohuna**  
**Contact:** Sir John Gorton Library on 5452 1546

## Zoom Sessions Term 4

### ***Self-Care for Parents and Carers***

**When:** Monday 11th October  
**Time:** 10.30am - 12.30pm  
**Cost:** Free  
**Where:** Online Zoom Session  
**Contact:** Reception on 5438 1300

## Zoom Sessions Term 4

### ***Dads Tuning into Kids***

**When:** Mondays, 11th Oct - 22nd Nov (7 weeks)  
**Time:** 7.00pm - 9.00pm  
**Cost:** \$60 (\$30 concession)  
**Where:** Online Zoom Sessions  
**Contact:** Reception on 5438 1300

### ***Its about the Kids (Post-separation parenting)***

**When:** Tuesdays, 12th Oct- 9th Nov (5 weeks)  
**Time:** 7.00pm - 9.00pm  
**Cost:** \$60 (\$30 concession)  
**Where:** Online Zoom Sessions  
**Contact:** Reception on 5438 1300

### ***Tech Boundaries for Families (Day Session)***

**When:** Wednesday 20th October  
**Time:** 11.30am - 1.00pm  
**Cost:** Free  
**Where:** Online Zoom Sessions  
**Contact:** Reception on 5438 1300

### ***Tech Boundaries for Families (Evening Session)***

**When:** Thursday 16th November  
**Time:** 4.00pm - 5.30pm  
**Cost:** Free  
**Where:** Online Zoom Sessions  
**Contact:** Reception on 5438 1300

### ***Tuning into Teens***

**When:** Wednesdays, 3rd Nov - 8th Dec (6 weeks)  
**Time:** 7.00pm - 9.00pm  
**Cost:** \$60 (\$30 concession)  
**Where:** Online Zoom Sessions  
**Contact:** Reception on 5438 1300

### ***Bookings are essential for all of our programs***

Workshops and Programs advertised as Face to Face will be run via Zoom if COVID restrictions do not allow meeting in person. Details provided by organiser if required.

Individual parent consultations are also available  
 for further information please contact Reception on 5438 1300 or email@ccds.org.au

Book now! Groups are subject to minimum and maximum numbers.





## Self-Care for Parents and Carers

This workshop gives participants the opportunity to explore their current level of self-care. This practical and fun session provides effective strategies for reducing stress levels while keeping up with the demand of caring for others.

✓ Explore

✓ Reduce Stress

✓ Self-Management

### Workshop dates & locations:

**Where:** Online via Zoom

**Dates:** Monday 11<sup>th</sup> October @ 10.30am – 12:30pm  
Arrival @ 10:20am

Please note this is a single session workshop only.

There is no cost for this workshop.

Open to everyone!

### RSVP:

Reception | CatholicCare Victoria

PH: 5438 1300 | E: email@ccds.org.au

### HOSTED BY:



Self-Care for Parents and Carers  
176 – 178 McCrae Street, Bendigo  
VIC 3550  
T (03) 5438 1300

[www.ccds.org.au](http://www.ccds.org.au)

**New!**



## Tech Boundaries for Families

Parenting in a world driven by technology presents a set of challenges for parents, guardians, grandparents and carers. Tech is part of our reality but setting boundaries around it's use is not always easy.

Join other parents and carers in this workshop which aims to:

- Present current research
- Reflect on tech use in your family; considering both the challenges and opportunities
- Explore strategies that focus on creating a safe and healthy tech environment for your family.

✓ Health & Safety

✓ Boundaries

✓ Strategies

### Workshop dates & locations:

**Where:** Online via Zoom

**Dates:**

Wednesday 20<sup>th</sup> October @ 11:30AM – 1:00PM

OR

Tuesday 16<sup>th</sup> November @ 4:00PM – 5:30PM

Please note this is a single session workshop only.

There is no charge for this workshop.

*Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged.*

### RSVP:

Reception | CatholicCare Victoria  
M 03 5438 1300 | E [email@ccds.org.au](mailto:email@ccds.org.au)

*Please remember your mask. We ask that all participants follow social distancing and face mask regulations.*



Tech Boundaries for Families  
176 – 178 McCrae Street, Bendigo VIC 3550  
T (03) 5438 1300

[www.ccds.org.au](http://www.ccds.org.au)