

St. Mary's Primary School is committed to the safety and welfare of all children, within a secure environment. All children have a right to be treated with respect and to be protected from abuse and harm.

St. Mary's School Newsletter



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We acknowledge and pay respect to the Jaara people as the original and ongoing custodians of the land we meet on.

We commit ourselves to actively work alongside Aboriginal people for reconciliation and justice.



*“Greater love has no-one than this, that someone lay down his life for his friends”
- John: 15: 12 - 14*

Term 1 - Thursday, 14th February

Dear Parents, Families and Friends,

As we have settled into the school year, I have spent some time watching the dynamics of the playground. With more than a third of our students new to St. Mary's this year, it has been really interesting to see friendships form and relationships develop. People have been welcomed into games and, in the classroom, the students have worked collaboratively together with a variety of their peers. I have been very proud of how all our students have accepted one another for who they are and how they have extended a warm welcome to all.

Friendship is something that we value strongly at St. Mary's. Friendship brings a smile to our face, allows us to share our joys and sorrows and they enhance our lives, providing us with love and support. God did not make us to be alone. He created us to be relational creatures. Jesus is the purest example of a friend that we can find. He was a true friend to all He met and He can be our friend too, whenever we want Him to be. We can talk to Him in times of need and we can share our thoughts with Him. At last night's opening school mass, Father Stephen spoke of how Jesus is with us always, no matter what happens, just like He was with the people on the boat during the storm. We just need to have faith.

The Bible provides us with many wonderful examples of friendship. Jesus taught us the importance of acceptance when He was talking with Zacchaeus and we can learn a lot from the relationship between Jesus and His apostles, who shared so much during their time together.

It has been said that *“Friends are the gift we give ourselves.”* Give yourself a gift today.

Marg

February	
Fri 15th	Gym & Swimming - Session 2
Mon 18th	School Advisory Board Meeting - 7pm
Wed 20th	Prep Day Off
Fri 22nd	Gym & Swimming - Session 3
Wed 27th	Prep Day Off Informal Parenting Conversations
March	
Fri 1st	Gym & Swimming - Session 4
Tues 5th	Gym & Swimming - Session 5 Shrove Tuesday
Wed 6th	Ash Wednesday Mass 12 noon
Mon 11th	Labour Day Holiday

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RE News & Prayer for the Week with Miss Johnston

After our beautiful Opening Mass we celebrated together last night, this prayer is very fitting...

God of Love,

I thank You for the people in my life
who are easy to love.

I thank You for my family and friends
who understand my actions,
who support me in my decisions,

and whose presence can lift me on a difficult day.

I thank You for the school community that I have been blessed to share my
days with.

I thank You for Your presence during my days.

Amen.

Thank You

A very big thank you to those in our school community who joined us last night at our Opening School Mass for 2019. It was a beautiful celebration to commence our school year together and a very appropriate way to welcome Father Stephen to our school. Thanks to Zoe Johnston for her planning of our Mass and to Brett, David and Tim for helping to cook the BBQ afterwards. It was delicious! I would also like to acknowledge the staff, who all attended.

3 Way Chats

On Tuesday 12th March, we will be holding our 3 Way Chats for Term 1. These meetings provide an opportunity for teachers, parents and students to discuss both current and future learning and to set goals for each student to work on over the coming months. I would strongly encourage all families to take this opportunity to engage in conversation about their child's learning. Each session runs for about 10 minutes, with some families meeting with more than one teacher. For example, parents with a child in Grade 1, will need to meet with both Mrs. Brohm, for Literacy, and Miss. Johnston for all the other curriculum areas. A request form for preferred time slots has been sent home today with each child. Please complete this form and return to school as soon as possible. You will be notified of your times next week.

Assemblies in 2019

In consideration that our specialist programs are now on a Friday this year, we will have an assembly on the last Friday of each month at 3pm, as well as on the last day of each term. However, with the students currently participating in the gym and swimming program, there will be no assembly in February. I will send out a text message to remind people of these assemblies.



School Calendar

While I do my best to remember all important dates in our school calendar, I may miss something along the way!! You can access our school calendar on our school's website: <http://www.sminglewood.catholic.edu.au/>. Not only can you access the calendar here, but it also contains some great information about our school, as well as any necessary documents and forms that you may need to access.

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First Aide Training

On Tuesday 26th February, all staff will be updating their First Aide qualifications. This training will cover First Aide training, CPR and Asthma, Anaphylaxis and Epilepsy Management. This training is a government regulation and part of our Child Safety Policy.

Trip Down Memory Lane.....

Last week, a member of our school community received an email from a past student, Peter Cain, who follows our Facebook page. He loved seeing the photos of the kids returning to school so happily. He sent through this fantastic photo of the 'St. Mary's Purples' from around 1957. What a great piece of memorabilia to share with you all! Maybe there are some familiar faces! Thanks Peter for sharing this with us.



Changes to the School Newsletter

This year, we will be having a school newsletter fortnightly, rather than weekly. These newsletters may be a little longer in length but I will make sure that you are always well informed and are kept up to date with school news. On the alternate week, we have introduced a student led and written newsletter, which I hope you enjoyed reading last week.

Library Reminder

Library lessons will take place on Fridays as part of the specialist timetable this year. Lessons will be held with Ibu Cath, Mrs Holland and Mrs Innes. Students will require a **waterproof bag** to borrow books. Library books can be returned at anytime through the week as the Library will be open from 8.30am each morning.

Wellbeing

Fruit Break 10.00am

Please provide a piece of **fresh fruit** in your child's bag each day. This fruit is to be taken into the classroom before school and eaten at 10.00am. With playlunch now eaten at the end of recess, it is important that your child has this fruit available at 10.00am. Fresh Fruit is one of the most important parts of your child's diet. It's low in fat and calories and supplies key nutrients that your child needs to grow. Fresh fruit also contains nutrients that supports brain development and gives your child energy so they can be active.



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NSCP- National School Chaplaincy Permission Forms.

These forms were sent home recently. If you have not returned your child/ren's form, please send it in as soon as possible. If you have misplaced this form, please call the Office and we will send another form home.

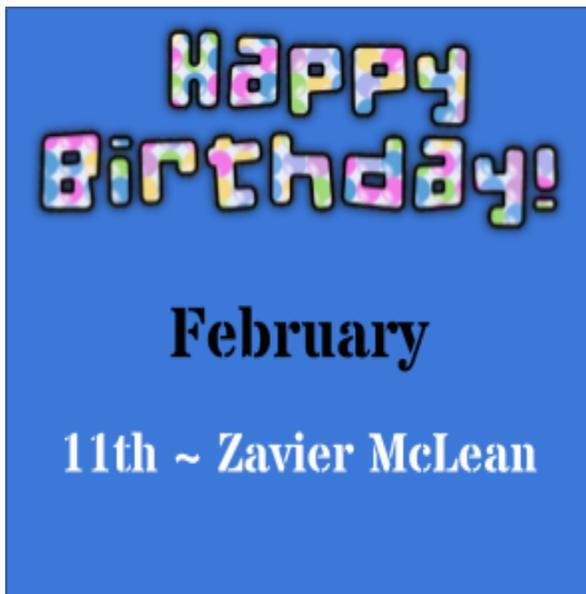
Breakfast Club

During first term, Breakfast Club will be held on Tuesdays and Thursdays mornings before school.



Parenting Conversations

Thank you to those parents who came along to our first session for the year. The focus of this session was "Helping Children through Change and Transition". This session provided great information and strategies and proved to be a great opportunity to talk with other parents and share ideas. Our next session will be an informal chat on Wednesday 27th February at St Mary's. All parents, grandparents and carers are welcome to come along - childcare will be available.



Family Home Learning Task

With a focus on healthy eating from our Wellbeing team, these delicious Apple Oat Cookies have no added sugar and are sweetened only with fruit, they are deliciously wholesome and totally kid approved. They are nut and dairy free and they are fantastic for school lunches. Cooking together is fun!!!

Apple Oat Cookies

Author: Bernadette - Goodie Goodie Lunchbox

Prep Time: 10 minutes

Cook Time: 12 minutes

Total Time: 22 minutes

Quantity: 18 cookies



Ingredients

- 1 1/2 cups of instant oats
- 1/2 cup of plain wholemeal flour
- 2 small apples
- 1 tsp baking powder
- 1 tsp cinnamon
- 1 ripe banana
- 1 egg
- 1/2 cup (*low flavour*) olive oil
- 1/2 cup sultanas

Instructions

- Preheat your oven to 180c and line a tray with baking paper
- Soak the sultanas by putting them in a small bowl and covering with boiling water
- Peel and finely dice the apples
- In a large bowl mix together the dry ingredients and the diced apple
- In a smaller bowl mash the ripe banana and stir in the egg and oil until combined
- Drain the water from the sultanas and mix them into the dry ingredients
- Pour the wet ingredients into the dry ingredients and mix together
- Spoon generous tablespoons of the mix onto the tray and with two spoons shape each portion of the mixture into cookie shaped circles, the mix will be quite sticky
- Bake for around 12 – 14 minutes or until the cookie is lightly golden and the mixture bounces back when touched lightly



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Student of the Week

P/1/2

Olivia Morrison

For always working hard and being organised.

Abby Wilson

For being a great role model for others.

3/4

Ryder Smith

For his independence when problem solving comprehension tasks.

Bella Smyth

For being organised and ready to learn.

5/6

Izaiah Timu

For showing thoughtful presentation in his work.

Rebekah Maxwell

For displaying persistence when completing her digital licence modules.

 Like Nano..... 

Mitzi Smith

is a Person of Community.

Mitzi has made a wonderful start to her Grade 6 year, being a confident leader within our school. Mitzi has shown a very positive attitude towards her peers, her work and her position of leadership within our school.

MASS TIMES

St Peter's, Bridgewater

*1st Sunday of the Month,
8:00am*

St Mary's, Inglewood

*Each other Sunday of the Month,
8:00am*



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CSEF

If you hold a valid means tested concession card please see the office for an application form, if you have not already received one.



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2018, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments** ; your child has started or changed schools in 2019 or you did not apply in 2018.
- changed family circumstances** ; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2019.

Check with the school office if you are unsure.





The Importance of Dads

Inglewood



In this 2 hour session for Dad's of children 0 - 10 we will:

- Explore the unique role of Dad's in their child's development.
- Consider the benefits of play.
- Learn how Dads can maximise their child's social, emotional and academic growth.

Term 1, 2019



When: Tuesday 26th March 2019

Time: Dinner provided: 6.00pm - 6.30pm
Session 6.30pm - 8.30pm

Where: Inglewood Community Hub, 20 Verdon Street, Inglewood

Cost: Free

Childcare: Sorry, no childcare provided

Facilitators: CCS Family and Relationship Services

Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged.



For bookings and enquiries contact Franceen Innes on Ph:5438 3075 innes@sminglewood.catholic.edu.au or Rebecca Doran on Ph: 5438 3303